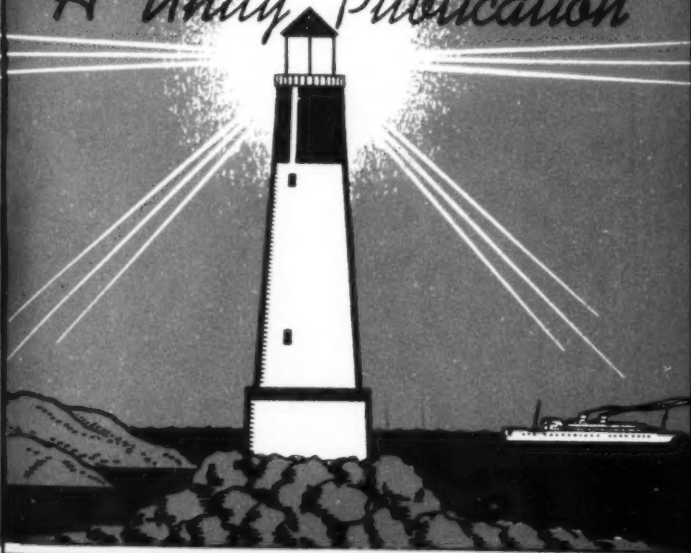


APRIL, 1939

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DAILY WORD

A Unity Publication



For Each New Day... THE RIGHT WORD
FOR YOUR INSPIRATION

AFFIRMATIONS



USED BY

SOCIETY OF SILENT UNITY

in which you are invited to join

March 20 to April 19

I am radiant with the glory of the risen Christ.



Steadfastly proclaiming my unity with the risen Christ, I am quickened and healed.



The increasing, multiplying power of Christ ideas piles up plenty for me.

Unity Daily Word is nonsectarian, published monthly. Single copies may be obtained at Unity libraries and newstands at 15 cents. Subscription, \$1 a year. Braille subscriptions are sent free to the blind who are familiar with Grade 1½. These gifts are made possible by love offerings.

We also publish *Good Business*, *Progress*, *Wee Wisdom*, *Unity*, *Weekly Unity*, and *Unity Sunday School Leaflet* at \$1 a year each.

Subscriptions, renewals, requests for Prosperity Banks, changes of address, book orders, or checks and money orders for publications should be sent to the Publishing Department.

Entered as second-class matter June 13, 1924, at the post office at Kansas City, Missouri, under the act of March 3, 1879. Accepted for mailing at the special rate of postage provided for in section 1103, act of October 3, 1917, authorized June 13, 1924.

When asking us to change your address, please be sure to state which of our magazines you are receiving, and whether you are now using a Prosperity Bank.





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VOLUME
NUMBER



Unity Daily Word

APRIL, 1939

PUBLISHED BY THE UNITY SCHOOL OF CHRISTIANITY
FORMERLY EDITED BY FRANK B. WHITNEY. NOW EDITED UNDER
THE SUPERVISION OF SILENT UNITY.

SILENT UNITY COMMENTS

Jesus Christ proved His assertion "I am the resurrection, and the life" by regenerating and lifting up his physical body from every claim of the flesh. Always He united His "I am" statements with the Truth of Himself and proclaimed such truths as "I am the bread of life," "I am in the Father," "I am the light of the world."

We too must unify ourselves with the life and light and substance of Spirit and divorce our I AM consciousness from all that is not true. With this in mind the lessons for this month have been written in the first person and include many "I am" affirmations. The class statements on the page opposite bear out this idea also. The articles this month explain the importance of speaking "I am" positively.

In observance of the Easter season the first week's lessons are based on what is considered the seven last words of Jesus interpreted from the standpoint of Truth.

Silent Unity, the healing department of Unity School, is happy to minister to every person desiring help through prayer. Requests addressed to Silent Unity, 917 Tracy Ave., Kansas City, Mo., will receive immediate attention. Compensation is by love offerings.

A little companion that daily directs our steps to the sun-tipped heights in whose glory you shall behold yourself as a son of God; for such you are.

VOLUME 30
NUMBER 4

In His Name

JESUS stressed the power of His name in doing spiritual work. He named Himself I AM. "Before Abraham was born, I am." He was giving His spiritual name, I AM, when He said, "I am the way, and the truth, and the life."

He said Moses wrote of Him. Moses did not mention the name Jesus but he did write a great deal about Jehovah. God said in Exodus 3:14 that His name was "I AM THAT I AM." So we readily see that Jesus gives us the key to spiritual man's identity—the I AM.

I AM is the spiritual name of all men, but not all men have glorified the I AM. Jesus asked that the I AM might be glorified in Him, and it was. We read in John 12:28: "Father, glorify thy name. There came therefore a voice out of heaven, *saying*, I have both glorified it, and will glorify it again."

The glorification of the I AM is accomplished by man's raising himself from a consciousness of his identity with the sense man to a consciousness of his identity with spiritual man. When man accomplishes this he draws all things unto him. "I, if I be lifted up from the earth, will draw all men unto myself."

The man who has glorified his I AM thereby be-

comes a dynamic center of spiritual power and light for all who come within his sphere of activity. Jesus was conversant with this law, and He welcomed all men to take advantage of His saving glorification.

Jesus delights to lend His glory to all who believe in Him. He promises that His glory will follow when we ask in His name. "And whatsoever ye shall ask in my name, that will I do, that the Father may be glorified in the Son."

Jesus reproached His disciples because they had not asked in His name. "Hitherto have ye asked nothing in my name: ask, and ye shall receive, that your joy may be made full."

In their simple faith the early disciples went forth in His name, and did the great works that He did—teaching Truth, casting out demons, raising the dead, healing the sick. These were but "signs" of a still greater work, the unity of God and man. This supreme unity was the acme of the Master's work. He invoked it for all who join Him in doing the will of God as He did it, and with Him identify themselves with Jehovah, the I AM, as so wondrously set forth in His last great prayer:

"Neither for these only do I pray, but for them

also that believe on me through their word; that they may all be one; even as thou, Father, *art* in me, and I in thee, that they also may be in us: that the world may believe that thou didst send me. And the glory which thou hast given me I have given unto them; that they may be one, even as we *are* one; I in them, and thou in me, that they may be perfected into one; that the world may know that thou didst send me, and lovedst them, even as thou lovedst me. Father, I desire that they also whom thou hast given me be with me where I am, that they may behold my glory, which thou hast given me: for thou lovedst me before the foundation of the world. O righteous Father, the world knew thee not, but I knew thee; and these knew that thou didst send me; and I made known unto them thy name, and will make it known; that the love wherewith thou lovedst me may be in them, and I in them."—*Charles Fillmore (Reprinted from Unity magazine).*

When I say "I am" I but speak the name by which God in the midst of me is known to my soul, to my inner consciousness. I feel that God has spoken to me and said, "Here I am."

—*Frank B. Whitney.*

The Use of "I Am" Statements

THE REAL essence of a man is neither mind nor body but Spirit, that which is of the very nature of God. Every man then is a Godlike being. Every one can express the perfection of Christ, because intrinsically the self that he is is identical in nature with Christ.

The "I am" statements we give do not refer to the outer man and what he *seems* to be but to the inner, real man and what he *is*. They are a means of reminding ourselves in a definite way of the actual truth of our being. Even when a person believes himself to be in bondage and ill, the real self is untouched by any such experience, is never ill. A convinced admission of this fact awakes the self to agreement with Truth, and having been admitted into the consciousness, healing and freedom are made manifest. This occurs because the outer world at once images forth what is in the consciousness.

When a truth is first presented to an individual, only a very small portion of its meaning may appear. Only when the full meaning is gained can we receive the full measure of power it possesses. We need to meditate again and again on a truth before we catch its full meaning. We need to remind ourselves many times about our real nature, so that all

old thoughts may be emptied out and we may freely imbibe the new.

In taking any "I am" statement we should think of it as a fact about our real self. Making the statement does not set causes into action, but it enables us to open our mind and heart to accept our divine birthright of good and to picture it forth in the visible. We do not declare a truth in order to make it true but because it is true already. As we turn again and again to consider this truth, we find ourselves dropping negative thoughts and discarding limitation and fear.

We can make the statement "I am healthy and strong" even when weakness and illness are apparent, as we understand that the real self is always perfect, whole, mighty. We are privileged to declare, "I am free from every bondage to earth," because the real self is forever free and can never be bound, regardless of what we may think about ourselves. The real self, being spiritual, is the image and likeness of God and never lacks any good. If we would always abide in a consciousness of what the real self is until we gained a powerful conviction of it, we should always experience peace, joy, success, and happiness.

Resurrecting Our Ideals

OF THE many holidays we celebrate during the year, there are only two associated with our spiritual development: Christmas and Easter. At the Christmas season most of us become so much involved in the outer celebration of the birth of Jesus Christ that we do not give the time we should to its spiritual significance.

The wonder of the resurrection of Jesus Christ from the dead quickens our consciousness with such power that always at the Easter season, which commemorates His glory, we feel great stirrings within us. Without any solicitation upon our part, as far as we know, there is reborn within us an urge to renew, to revive, and to restore our spiritual ideals.

Easter comes when everything, even nature, is conducive to the right consciousness. The urge within nature to press up and out of the darkness and sleepiness of the resting period of winter is co-operating with us. Nature is showing us that in spite of the appearance of winter dullness and inactivity there is now a great stirring of new life. The urge is to press out into the light, to grow, to expand, to increase in usefulness. There may be difficulties—the ground may be very hard and compact—but that inner urge of new life is greater

than any outer obstacle. The resurrecting season is at hand, and nature must come forth in its raiment of light and beauty.

The word "Easter" comes from the Anglo-Saxon word meaning "goddess of light, or spring." The symbols that are always associated with the Easter season represent light, purity, and life. The beautiful Easter lily is symbolical of purity, and even the Easter egg is a symbol of new life.

When we think back to the historical fact of the resurrection of Jesus Christ, we always associate it with a great light. We come into something of the illuminating effect of that radiant light when we open ourselves to the influence of the Easter season. What a magnificent season in which to become completely resurrected into eternal oneness with God!

The season of the resurrection of new life in all of nature is felt in our own consciousness as the stirring of a great desire within us. We feel an urge to revive our ideals, to come up and out of bondage to human limitations. There is no better season of the year than this to start again to take a new hold and a new interest in life.

At some time in our life we have ideals and

aspirations. Youth is usually filled with great desires to achieve, to conquer, to rise to some distinction in the world. The desire in youth is usually not the aspiration to conquer self but to be outstanding as a personality. Usually the young person's ideal is to make plenty of money so that he may have everything he desires of material things. His aim is not so much to develop his character as to have comfort and happiness, to have plenty of good clothes, to go places and see things, to buy good cars, to have a lovely home. All these are very legitimate desires. It is much better to have ambitions of this kind than just to be passive and not have any special interests in life. The person who does not have a normal amount of ambition in life is usually one who has become lazy, and his excuse is "The times are against me." He is really too lazy to try to succeed.

The average individual is not aware of the dormant power within himself. This is where a great spiritual work can be accomplished. The power within man is sufficient to make him a conqueror, but this power must be aroused. Inspiration and light and enthusiasm must be awakened so that there will be the desire to get out of the rut and to press forward. There is no outer way in which

this can be accomplished. The awakening must come from within. May we not hope that some of the life-giving light of the Easter season may arouse in all the desire to grow, just as the warm rays of the spring sun stir all nature to new life?

In each one of us there is some special ideal which we should like to bring forth. If a person has been in ill-health he idealizes perfect health. If he has lacked prosperity he has the ideal of a happy, prosperous home. If he has lacked courage and ability he has the desire for a renewal of faith and power. Each one of us is trying to develop some good in his life.

The power that will help us to do this is the same divine power that resurrected Jesus Christ from the dead. We do not receive it from some outside source, but it is renewed within ourselves. We should pray first for a great awakening in our mind and heart; then for the strength and courage to carry out the ideals that are impressed upon us.

We are to resurrect our own ideals and not to try to make others conform to them. God is working in and through each one of us, inspiring him to perfect his own expression. We may inspire others through our own joyous and helpful life, but never can we do this by trying to force them into con-

formity to our ideals for them. It is always our privilege to inspire others but never to push them into doing things our way. We can do far more to help others by proving Truth in our individual life than we ever can by trying to force our viewpoint upon them.

In the resurrecting and following out of our own highest aspirations for ourselves we automatically become an inspiration (not example) and help to our fellow men. We can do much more by being an inspiration than we can by being a preacher of ideals. Even Jesus, whose mission was to lead men in the way of overcoming, did not set up Himself or any individual as an example but clearly directed: "One is your Master, *even* the Christ." We must respect every individual's right to freedom of expression, freedom to work out his life's purpose according to his own inner light; and point out to him only the standard of Christ within. When in our own life we resurrect and act upon our highest ideals, that Christ standard as expressed in our life becomes an inspiration and incentive to others to follow the One.

Many times people have written to us somewhat as follows: "I've tried so hard to get my husband to take up Truth" or "I've tried so hard to get my

wife to accept your viewpoint" or "I've talked and talked to my family, and not one of them will look into the teachings of Unity, which mean so much to me."

When some one tells us that, we always wonder just how much of the teachings of Unity the writer has resurrected and made alive in his own life. Someway we are so close together in human consciousness that we think we have absolute power to influence the other members of our family. The only individual in the world one has the right to work with, literally, is oneself. If you are working in your own consciousness and keeping your own spiritual ideals alive and aglow, you are one of the greatest powers in the world for helping others. But if you are just preaching to your family and theorizing about your admiration of Truth, you will not make much headway. Who wants to take up a belief that does not make the individual who proclaims it a little more agreeable to live with, a little more fair in his dealings, a little more honest and just in all his relationships in life? The first reaction to his belief is "What has it done for you?"

During this beautiful Easter season it will be easy for us to resurrect our ideals. There is the

feeling of spiritual awakening in our soul, there is a song of gladness in the air as nature is again arousing herself. It will be easier for us to take a fresh grip on ourselves now than at any other season of the year.

Let us remember that we are not to be the example for the other fellow. We are to be the inspiration that will help him along the way. We are not to try to bring forth and resurrect ideals in other people, but we are to resurrect our own ideals and encourage others so much that they too will want to bring forth the best in themselves.

We are not forgetting the helping, sustaining power of Jesus Christ, who attained His ideals, completing His atonement with the Father. The glorified One whose atonement and resurrection we are commemorating at this Easter season is our present help in attaining any spiritual ideal we wish to bring into expression.

What greater thing could we do in commemorating the glorified Christ than to acknowledge His power working in and through us to bring us into the fulfillment of our spiritual ideals? Easter is indeed a memorable season for us when we awaken to the possibilities within ourselves as the sons of God, joint heirs with Jesus Christ.

Saturday

APRIL 1

GOD'S ENRICHING SPIRIT WHOLLY SATISFIES
EVERY LONGING OF MY SPIRIT, SOUL, AND
BODY.

I AM forever one with Spirit within, through which my whole being and my world are continually filled with light and life and substance. Whenever there is an unfulfilled need in my life, an unsatisfied longing in my mind or heart, or any condition about me that does not measure up to the Father's good will for me, I know that I have but to make myself more receptive to His Spirit, more conscious of His presence ever above, beneath, within, about me. The thirst for peace, for deliverance, that I sense is but the longing of my inner self for closer unity with my Father.

With Christ therefore I lift my vision above every surrounding condition and ask of my Father the inpouring of His love, which fills my every thirst and hunger. I am His beloved child, forever one with His Spirit, which so completely fills my world that there is no void, no lack, no need I can comprehend that He does not richly satisfy.

✿ *Be filled with the Spirit.*—EPH. 5:18.

APRIL 2

Sunday

GOD, MY ETERNAL SALVATION, IS EVER WITH ME.

NEVER FOR an instant am I forsaken by God. Because of Him I live and am in tune with all life. He is my health and strength, my joy and peace, my satisfaction and happiness. With God I can face every experience unafraid. Whatever I need to meet life courageously and harmoniously is found in Him.

I rejoice in the nearness of God. Should good appear to be absent from my experience, I will agree only to the Truth. In Truth I am never alone, never without the comforting grace and sustaining power of Almighty God. Surrounding and infolding me are immortal life, compassionate love, and all knowledge. With these I can never lack for anything.

Great aspirations continually come to me from God. He gives me noble desires to follow His way, and strengthens me perfectly to walk that way. He is my all in all, my ever-present help.

* *Jehovah thy God . . . will not fail thee.*—DEUT. 4:31.

Monday

APRIL 3

TODAY I AM WITH CHRIST IN PARADISE.

I DIRECT my vision toward that which is good—the kingdom of heaven—and am lifted up into a realization of its presence within and about me. Even as Christ abides eternally in the paradise of spiritual perfection, so I too may enjoy the heavenly existence.

With my whole heart I leave behind me all that is weak and imperfect. My mind is fixed on heavenly things, on mercy, kindness, honesty, and perfect love to all. My birthright is nobility and strength, peace and joy. Knowing they are the way to divinity, I find the very atmosphere of paradise in these spiritual gifts.

I keep my consciousness filled with thoughts of all that is beautiful and helpful. I entertain no mental visitors except divine ideas coming down from on high.

I keep my attention stayed on the goodness of God, and I walk in His presence conscious of His love and power.

✿ *Today shalt thou be with me in Paradise.*—LUKE 23:43.

APRIL 4

Tuesday

THROUGH CHRIST IN ME I AM FORGIVING.

I AM divinely tolerant and forgiving, for Christ's love in my heart beholds only perfection in every individual and in every situation. Regardless of what any person may say or do, I know that in his true self he is kindly, patient, wise, and gracious, and I find it easy to praise him for the good that is in him. Whenever I feel that I have fallen short of the high standard set before me by the Master, I do not condemn my weakness but fix my vision more steadfastly upon my goal and press forward in courage and faith, knowing that the forgiveness and blessing of the Father are with me. No matter what may be the appearance of the world or of affairs about me, I do not respond with thoughts of injustice, hatred, or fear but abide serenely in the knowledge that underneath are the everlasting arms.

God is love, and I too, created in His image, am love. I am wise, loving, patient, forgiving, for I am one with Him in all persons and all creation.

☛ *Father, forgive them.*—LUKE 23:34.

Wednesday

APRIL 5

THROUGH LOVE I AM ONE WITH GOD AND
ALL PEOPLE.

I AM conscious of my union with all people everywhere, regardless of creed or race, position or profession. Though to human sense all are strangers, I can say of all, in divine consciousness: "My brother. My sister." In the oneness of creation we have one Father, even God. This kinship I feel assures me that love binds all into one divine family.

Every person I meet is a glorious child of God, radiant with beauty, sustained by the same life I feel. I do not look at others through the mist-befogged eyes of appearance but remember that my companions are divine beings. I look past the outer and its seeming limitations and behold only the presence of love, of wisdom, of kindness and peace.

How wonderful it is to know that I live in a world where all living souls live and move and have their being together in the life and love of God! Knowing my oneness with all, I can have only good, for God alone rules the world.

☛ *Behold, thy son! . . . Behold, thy mother!*—JOHN 19:26, 27.

APRIL 6

Thursday

INTO THE HANDS OF GOD I COMMEND MY
LIFE AND MY ALL.

ABIDING in a conviction of my continual need of God, I release every anxiety and every ambition to Him. Why need I be disturbed about any problem, when a power mightier than all problems assures me of their solution? I know that my every good is ready at the appointed time, and I gladly prepare myself through patient trust.

The issues of my life are known to God. He understands my need better than I. He has prepared for me an experience of radiant health, abundant good, joyous environment, and complete satisfaction. Aware of this, I trust Him to guide me in the perfect path to heaven on earth.

God inspires me with faith, enlightens me with divine understanding, and makes me serenely confident of joy. To Him will I look when in need of any blessing, for it is good to commend myself and all that concerns me to Him. I am His son, Spirit of His Spirit, upheld and sustained and blessed as I live close to Him.

☛ *Father, into thy hands I commend my spirit.*—LUKE 23:46.

Friday

APRIL 7

I GLADLY GIVE UP EVERY OLD IDEA TO ACCEPT GOD'S FINISHED WORLD OF DIVINE HARMONY.

THOUGH THE clouds may be dark around me, I can rest assured that the sunlight of Truth will pierce them and reveal the glory of heaven. Should my motives be misunderstood, yet I can still know that what is of God will surely endure, and Truth will be made known to all.

I avail myself of heavenly Truth as I am true to the standard given by Jesus. His life is my inspiration, His love endears all mankind to me, and His truth reveals an infallible guide for every act. Strength is given me to meet the heavenly standard set for me, and my way of life is divinely prepared for me in grace and mercy.

What God gives is ready this instant, without need of delay. Health is prepared for me now. Peace and freedom are available this instant in completeness. The glory of heaven appears in my world as I believe in God's power to make His finished world manifest in my life as heavenly harmony and wondrous joy.

✿ *Behold, I create new heavens and a new earth; and the former things shall not be remembered.*—ISA. 65:17.

APRIL 8

Saturday

I AM POISED AND SERENE IN THE ASSURANCE OF GOD'S PERFECT ANSWER TO MY PRAYER.

ALTHOUGH at times I may not see the solution to a problem or discern the way in which my help is to come, of one thing I am certain: God has heard, and from the limitless resources of His wisdom and substance already answered my prayer.

Even before my need became apparent the loving heart of the Father prepared a perfect way for me and provided me with the life, strength, courage, wisdom, and ability to emerge triumphant into greater good than ever before.

Faith and trust in His never-failing love make straight the way, and His Spirit leads me in my divinely appointed path. Therefore I cease all restless, anxious, doubtful thoughts and with supreme confidence await His perfect answer to my prayer. I am centered in my faith in Him, poised in my awareness of His presence, and I am forever blessed through my eternal oneness with Him.

✿ *Wait on the Lord, and keep his way, and he shall exalt thee.*—PSALMS 37:34 (A. V.).

Sunday

APRIL 9

I AM THE RESURRECTION AND THE LIFE. I
RISE TRIUMPHANT OUT OF EVERY TRIAL.

I AM one with the same life that gave Jesus life. His Spirit is of the same substance as my Spirit. His love is my love. The glory of His greatness is my heritage, my exclusive possession, my estate.

As I accept the glorious truth of my transcendent being and live it day by day, I too catch the spirit of divinity, the spirit of almightiness. Rejoicing in the transfiguring mastery of my Christ self, I drop all sense of failure and discouragement to lay hold of strength and might from on high. I am lifted out of every bondage to materiality; every stone is rolled away.

I wholeheartedly accept my oneness with God, my eternal freedom from every ill and lack, my superiority to every appearance. Light fills my world; the darkness is dissolved.

I see myself the pure and holy son of God, upheld by His grace, free forever. Glorious liberty is my right, heaven is my home, and I am clothed with the might of transcendent sovereignty.

✿ *I am the resurrection, and the life.*—JOHN 11:25.

APRIL 10

Monday

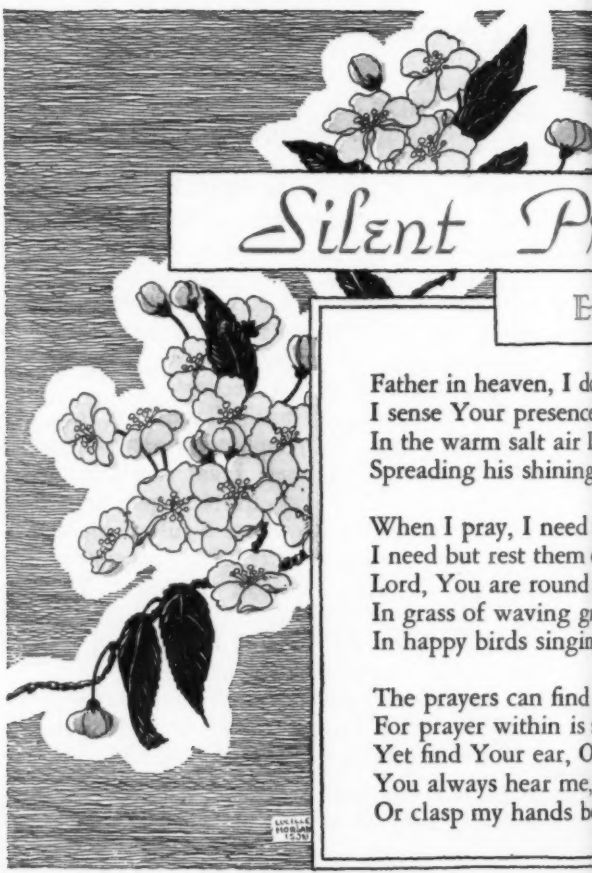
WITH CHRIST I WALK IN THE PATH OF THE
OVERCOMER.

THERE IS that in me which sees the insignificance of any apparent obstacle. I draw endless strength, invincible courage, positive faith from on high. I am ever upheld by unnumbered hosts of power. I do not consider myself as under any limitation or subject in any manner to bondage. The law by which I live is the law of life, the law of immortal freedom.

My mind is stayed on the Truth that frees and releases me from every supposedly necessary handicap. In my spiritual self I am free from every claim that would seek to bind me to earthly limitations. My consciousness is full of the knowledge of my innate nobility, of my superiority as a son of God, of my birthright of freedom. The love of God has bestowed on me all His gifts of wholeness, harmony, delight, and bounty, and nothing but His blessings can enter my life.

I am true to myself, true to the actuality of my Godlike being, life and love are made manifest, and truth and peace permeate my world.

✻ *He that overcometh shall inherit all things.*—REV. 21:7 (A. V.).



Silent Prayer

ESREL

Father in heaven, I don't need
I sense Your presence in the sun
In the warm salt air I lie; in silence
Spreading his shining wings in flight

When I pray, I need not lift my
I need but rest them on some place
Lord, You are round me everywhere
In grass of waving grain in rest
In happy birds singing our love

The prayers can find You, Lord,
For prayer within is still like us
Yet find Your ear, O God; for
You always hear me, though I do
Or clasp my hands beseechingly



Prayer

ESTRELLA COSGRAVE

I do not need to kneel or clasp my hands in prayer;
since the sunlit sea, in white-capped waves;
air like; in silver gull against cerulean sky
winings in fearless grace on high.

I need not lift my eyes;
when some placid lake reflecting summer skies,
around everywhere:
a green in restless leaf that stirs in April breeze,
bringing our lovely music in the trees!

find You, Lord, that never reach my lips—
as is still like unlaunched ships—
far, Old; for You are beauty, everywhere;
for me, though I do not kneel
and nothing in prayer!

Tuesday

APRIL 11

OMNIPRESENT GOD SUBSTANCE PERMEATES
MY MIND AND AFFAIRS, FULFILLING ALL MY
NEEDS.

TODAY I realize my sonship to God and open my mind to all-providing substance. I recognize spiritual substance as the underlying principle back of all manifestation and as coming to me in the form of spiritual ideas direct from God. When I keep my mind attuned to God, ideas of love, joy, peace, faith, life, and plenty become established in me as a substantial principle of life.

The substance of life and strength operates in my body to maintain health. The substance of love and peace insures a poised, alert mind. The substance of faith and plenty interpenetrates my affairs and establishes order and prosperity. The substance of joy and light stimulates my interest in living and in attaining spiritual perfection.

Since I am unified with the substance of God, every longing of my soul is satisfied, every need of my life fulfilled. My good can never be separated from me nor diminished by events of the world, for it is fixed in the eternal, unchanging substance of God.

• *We shall find all precious substance.*—PROV. 1:13.

APRIL 12

Wednesday

THE LIGHT OF CHRIST REVEALS A PERFECT WAY BEFORE ME.

AS I TURN from outer things, and abide in the light of Christ within, my way is made plain. I need never give my thought to a consideration of how things seem. My duty is to rejoice that my way is already prepared and that divine intelligence knows the perfect end of all my endeavors.

In God's sight there is no multiplicity of ways awaiting my selection. To Him there can be but one way, the way that imposes hardships on none and assures blessings to every one.

I perceive God's way as I still every troubled thought and release the responsibility to Him. As I remain poised and trustful, confident of His infallible guidance, I see all things as they should be seen, in their right proportions.

The light of Christ penetrates every cloud of indecision, dissolving every care and worry into oblivion. I rest in the conviction of being led in perfect paths to quiet resting places.

☛ *He that hath mercy on them will lead them.*—ISA. 49:10.

Thursday

APRIL 13

MY WORLD IS GOD'S WORLD OF GOOD.

I HAVE nothing to do with evil, with discordant conditions. Such negations do not actually exist. I live in the present reality of God's abundant blessings. Nothing that seems to deny their presence is to be believed.

With my whole heart I believe that good is the only power in my life, and I place my allegiance in God, fulfilling the first commandment.

I love good so earnestly that I cannot turn aside to imagine its absence. Because God is the substance of good, it is ever present, continually active, and always in command of every situation. I worship only good. I give it all my attention and glory in every proof of it, seen and unseen. I give no heed to reports that would imply a world other than God's good world. My only dwelling place is the heaven of divine harmony, the inner conviction of the rule and reign of righteousness and mercy. Good ever infolds and sustains me, continually manifesting itself in joyous ways.

☛ *God saw everything that he had made, and, behold, it was very good.*—GEN. 1:31.

APRIL 14

Friday

I CONFORM ALL MY THOUGHTS TO THE DIVINITY OF MY CHRIST SELF.

WITHIN ME is the urge to think and feel according to the divine pattern. That urge is the evidence of my Christ self, bidding me to be the strong son of God, calling me to lay aside all that would not measure up to perfection.

The urge to do assures me of the strength to achieve. My need is to believe that the mind "which was also in Christ Jesus" is in me and to follow daily the dictates of this mind that has proved its power to overcome every obstacle and satisfy every human need. What Jesus did by reason of the Christ mind's control can be accomplished by me through God's help.

I endeavor to bring each thought and deed nearer to the divine ideal. I have no inclinations to act humanly, after the pattern of the world; for I look always to the pattern of Christ expressed in love, trust, honesty and patience. The mind of Christ is my constant inspirer.

♣ *We have the mind of Christ.*—I COR. 2:16.

Saturday

APRIL 15

THE PATIENCE OF THE CHRIST IN ME PROTECTS ME FROM ALL SEEMING DISTURBANCE.

AS CHRIST stood silent before the accusing Pilate so, by His teaching, I am to stand before all outer disturbances, secure in my knowledge of His victorious Spirit within me. Where anxiety would destroy, patience protects. Where haste would hinder, patience progresses. Where undue ambition confuses, patience becalms.

As I practice patience I enjoy health more thoroughly, because I do not fret my body with anxiety, dread, and fear. As I am patient, I use good judgment and remain stable in mind. I am more prosperous when I patiently consider my business dealings. "The patience of Job" is not an idle phrase; it bespeaks the quality of soul that enables me to manifest the Christ Spirit. As the patience of Job prevailed, so shall I prevail, because I trust the same Christ to keep me patient. Daily do I study to be more patient with myself, with my work, and with my fellow men.

✿ *In your patience possess ye your souls.*—LUKE 21: 19 (A. V.).

APRIL 16

Sunday

I TURN TO THE PRESENCE OF GOD AND FIND
THE JOYS OF HEAVEN.

I DISCOVER God as I quiet every thought and feeling and everything that might distract my attention from the presence of divine peace at the depths of my being. I dismiss every thought of negation, hurry, or strain of any sort. Here I turn to unlimited stillness, where all is order, where all is divinely right.

Here is no worry, no fear, no pain. Here is life and strength and power. Here is the fullness of tender mercy, of Christlike forgiveness, of illimitable patience and divine faith. Every insignificant thought is dissolved so that I may open my whole being to the greatness and majesty of God. I drink in His glory and rejoice in the heritage that is mine.

Clearing my consciousness of every thought unlike the pure and holy nature of God, His peace and power permeate me, and I abide in the assurance that every detail of my life is perfect, upheld by His love.

* *Learn of me . . . and ye shall find rest unto your souls.*—MATT. 11:29.

Monday

APRIL 17

I TURN FROM THE PAST AND LIVE IN THE
GLORIOUS PRESENT.

I GLADLY put the past behind me. It has no power to intrude into my consciousness, for I do not choose to think of it. The past cannot influence my present or govern my future. Each day belongs to itself. My day began anew with the rising of today's sun. Past mistakes are forgiven in the fullness of God's love.

Confident that God is my intelligence, I know that He guides me in wisdom to conform to His way. My part is to accept the promise of good awaiting me, prepared in its completeness.

The future is bright with hope. I am serene in the conviction that good is at hand, daily manifesting itself in greater blessings. I live today knowing that only good has power to endure in my life. Thus I know that nothing can come to me except joy and happiness and I confidently expect these blessings.

☛ *To-day is salvation come.*—LUKE 19:9.

APRIL 18

Tuesday

I LIVE EACH DAY IN THE SPIRIT OF JOYFUL
EXPECTATION.

MINE is an expectant soul. I have learned that good is ever at hand, and when the day dawns I awake with renewed expectation. As I live expecting the good I desire, I fulfill the condition of belief; for when I expect a thing or condition, that is the same as believing that it will be granted as I request it. Whatever I ask of God I expect to receive; I believe I receive it, for He has promised that I shall receive it—and in truth it is already mine.

Since I live in this expectant attitude, my life is not dreary or monotonous. The newness of every day brings newness of interests. The joy of expectation is mine, and its reward is mine.

I find expectation to be creative. It stirs my imagination and inspires me to look beyond the seemingly blank face of the sky into the unmeasured space that contains countless spheres. In doing this I find new thoughts, God-given thoughts, of myself and of His world.

✿ *My soul, wait thou only upon God, for my expectation is from him.*—PSALMS 62:5 (A. V.).

Wednesday

APRIL 19

GOD IN THE MIDST OF ME IS MIGHTY TO QUICKEN, TO INSPIRE, AND TO ILLUMINE.

GOD in the midst of me is mighty to quicken my every thought. His intelligence is working through my mind today, and I am earnestly laying hold of all good ideas and putting them into use in all that I do. No sluggishness or indifference or inertness, either mental or physical, remains in me; for God has quickened me, mind, body, and soul.

God in the midst of me is mighty to inspire me. His inspiration is the guide for my daily activities. Under the inspiration of His Spirit I shall accomplish worth-while work. Every thought, every task, shall bear the imprint of the divine, and the blessing of God shall rest upon it.

God in the midst of me is mighty to illumine. No thought of fear or doubt can overshadow me. The light of His love goes before me. The light of His wisdom guides me. The light of His faith draws me on to the goal of achievement. I am lifted to a higher plane of living by His might.

* *God is in the midst of thee, a mighty one who will save.*—ZEPH. 3:17.

Affirmations

USED BY THE *Society of*
Silent Unity

APRIL 20 TO
MAY 19

ILLUMINATION . . . *God in the
midst of me is mighty to quicken, to
inspire, and to illumine.*



HEALING . . . *My life is from God,
and I inherit perfect physical well-being.*



PROSPERITY . . . *Oceans of spiritual
substance flow into my mind, and I see
plenty and prosperity everywhere.*



Thursday

APRIL 20

MY LIFE IS FROM GOD, AND I INHERIT PERFECT
PHYSICAL WELL-BEING.

I KNOW that God is the source of all life, and I lovingly praise God as the wellspring of life within me. I know that God is the Father of all, and so today I yield every thought of imperfect inheritance of any kind to Him. In faith and thankfulness I accept God as my life and I claim no lesser inheritance than that of the perfect life with which He has endowed me.

I bless every cell in my body, even as God my Father would have me do, with the gospel of light, wholeness, and eternal life. I no longer think of my fellow men as having inherited disease from some ancestor. I look upon all as children of God, inheritors of His perfect life and strength.

I do not blame any imperfections upon physical ancestry. I know the freedom from disease that God has promised to those who turn to Him. I stir up the gift of God life within me and live to His glory.

✿ *One God and Father of all, who is over all, and through all, and in all.*—EPH. 4:6.

APRIL 21

Friday

OCEANS OF SPIRITUAL SUBSTANCE FLOW INTO MY MIND, AND I SEE PLENTY AND PROSPERITY EVERYWHERE.

KNOWING THAT the very substance of God underlies every good thought, I keep my mind open and receptive to His substance-filled ideas. No thought or appearance of lack can linger where God is recognized as supply. Therefore I keep my thoughts lifted up to Him. I consecrate my heart, mind, and hands to the upkeep of His kingdom here on earth.

I have faith in God as my support and supply. As His offspring and heir I am rich. Henceforth I see myself as the child of the King, rich in consciousness, efficient in service, sustained in all goodness, substance, and satisfaction.

I realize that I cannot help a single soul by seeing a world suffering from injustice, cruelty, and lack. Therefore I see with the eye of faith the good that God has provided. By faith I see plenty and prosperity everywhere. I see hearts, homes, and nations enriched and blessed by the Father who understands and loves them.

✿ *God, even our own God, will bless us.*—PSALMS 67:6.

Saturday

APRIL 22

MY ENVIRONMENT IS OF GOD.

I AM ALWAYS surrounded by thoughts of life, joy, peace, love, justice, and kindness. All I need do is open the door of my consciousness and entertain these worthy visitors at all times. Then indeed is my visible environment one of happiness and contentment.

I need never entertain thoughts about inharmony. My mental home is always my own, and I have sovereign power to rule out of my life all that I would not see expressed. I am master of every thought. I dispel every thought that would make me or another person unhappy, for I live in the world of God's creation.

I bless all with whom I am associated in any way with loving thoughts, with thoughts of understanding and compassion. I need never be disturbed by any word or deed of others. The kingdom of heaven is my environment, and I am able to live at all times in a state of harmony and satisfaction.

☛ *I have built thee a house of habitation, and a place for thee to dwell in forever.*—II CHRON. 6:2.

APRIL 23

Sunday

MY TIME OF PRAYER, OF COMMUNION WITH
GOD, UPLIFTS AND REFRESHES ME.

ALL MY thoughts and desires are released to my heavenly Father. I lay aside all outer cares and interests that I may abide in the secret place, in the sanctuary of spiritual reality. In coming to God I turn from all thoughts of anxiety, all fear, all unkindness, all self-seeking. I relax from any sense of strain, and rest at ease in mind and body.

I rejoice in a sense of the presence of Almightyness. All my problems are dissolved into insignificance as I marvel at the greatness of God. All my withholding of love disappears as I behold the ceaseless flow of His love to all.

As I rest secure in a consciousness of God's presence, I dismiss every ignoble thought. My heart is stayed on Him, and I abide in the certainty of His care, which is ever leading me in plain paths to perfection and satisfaction.

✿ *Come ye, and let us go up to the mountain of Jehovah . . . and he will teach us of his ways.—ISA. 2:3.*

Monday

APRIL 24

BY DOING MY WORK AS UNTO THE LORD I
GLORIFY THE FATHER AND FULFILL THE PUR-
POSE FOR WHICH HE SENT ME.

MY WORK is a gift of God, given to me as an opportunity to glorify Him. His perfect plan holds in it a place for my services, and I rejoice to render them as unto Him. The nature of my task does not matter if I only remember that it is His work, assigned to me to do honorably, perfectly, willingly.

Have I a task of handiwork today? Then I shall do it with all my might, knowing that my hands are blessed as they do His work. Does my work require much thought? Divine Mind is to be acknowledged as my mighty resource. Am I required to sit quietly alone as I serve? His presence is my companionship. Is it my lot to serve among the thronging hosts of men? In every heart there is the Christ waiting to be recognized. In field and street, on land and sea, I know that I am serving Him. Thank God for work and the joy I have in knowing that I am doing it for Him.

✿ *And whatsoever ye do, work heartily, as unto the Lord.*—COL. 3:23.

APRIL 25

Tuesday

I AGREE WHOLEHEARTEDLY TO GOD'S RULE
WITHIN ME AND ABOUT ME.

SINCE GOD created me, and is the source of all good in the field of my experience, it is clear that He is mightier than any person or group, mightier than any circumstance or any environment. I see that my need is to believe God's power deeply and to act upon it. Knowing His greatness, trusting in His control to guide and bless me and those near and dear, I have nothing to fear and every good to anticipate.

I not only believe that God's power is supreme throughout the universe but I gladly give Him the place of supremacy in my consciousness by refusing longer to believe in any power but that of good.

Only good has power. Anything that seems to obstruct good is as nothing. Realizing His allness and the nonexistence of any rival power, I credit God alone with all power. My life is under one law alone, the law of good.

✿ *Who is so great a God as our God?*—PSALMS 77:13
(A. V.).

Wednesday

APRIL 26

THROUGH CHRIST I AM RENEWED IN THE
SPIRIT OF MY MIND.

I LAY aside all mortal consciousness in order to lay hold of the divine consciousness. I look upon all things from the standpoint of Jesus Christ. From the consciousness He attained all things are made new.

From the divine point of view there are no incurable diseases, for God is supreme over all. There can be no limitations, no problems, nothing to prevent the natural expression of life and joy. From Jesus' standpoint there is only boundless freedom from every human shackle. In God is power, dominion, and intelligence.

As I abide in the divine consciousness all things in my world conform to it. As I keep my vision stayed on heavenly reality the divine is made manifest.

I consciously think from the standpoint of the mind of Christ, and my mind is at peace, my body is whole, and every need is abundantly supplied.

✿ *Our inward man is renewed day by day.*—II COR. 4:16.

APRIL 27

Thursday

I FREELY EXPRESS THE JUSTICE OF GOD.

MY JUSTICE comes from God, from allowing the divine qualities of forgiveness, mercy, love and unselfishness to be expressed through me. When I forgive, God works in me. When I have mercy, His power is made manifest.

I have no fear that anything that is mine can be taken from me. I fully trust God to adjust my difficulties, to carry my responsibilities, and to establish peace and love in all my dealings.

I have no enemies. All whom I meet are sons of God, my brothers and sisters. I have no one to fear since my good is established in Him and can never be shaken by the actions or opinions of men. I rest secure in the knowledge that what is mine inevitably comes to me. The law that is ever superior to human justice works with infallible precision and unchanging goodness to bless all in divine ways. God's love helps me each moment, wherever I am, to be just in thought, word, and deed.

✿ *Keep ye justice, and do righteousness; for my salvation is near to come.*—ISA. 56:1.

Friday

APRIL 28

GOD HAS GIVEN ME ETERNAL DOMINION.

THERE IS that in me which is never bound to human limitations. That is my real self, the self that is unafraid, that can never be touched by any experience. Nothing in all the world can ever change or affect what I am. The turmoil that may be apparent can never influence the inner "I" that I am. That I is not my body; it is my real self, my divine entity. It is of God my Father, who is my life, my strength, my power.

If in the past I have wrongly thought of myself as weak and incapable, I now turn from that vision to behold myself as I am in the sight of God. I live by the faith of my divine sonship, by the recognition of what I am and have always been: a radiant, indomitable, divine being. I am forever untouched by concepts of weakness.

Because my real nature is that of a Christlike son of God, I am ever upheld by His power, forever free from any seeming bondage to old ways. My true being, the real I, is ever strong and mighty, for God is the power that has made me what I am.

♣ *Whatsoever is begotten of God overcometh the world.*
—I JOHN 5:4.

APRIL 29

Saturday

I OPEN MY HEART TO RECEIVE THE GOOD
THAT GOD HAS PREPARED FOR ME.

DAILY, HOURLY, momentarily I receive good from my Father. Even when I do not acknowledge it I receive it, but since I know the joy of consciously receiving I seek to live in a state of joyful receptivity.

I delight in the blessedness of giving, and now as I give I remember that I have to receive in order to give. I therefore acknowledge God as the giver of every good and perfect gift. I gratefully accept that which He has prepared for me. My heart overflows with thanksgiving, with praise, with gratitude.

My every breath is evidence of life I have received. My thought and reasoning power are proofs of the wisdom I have received. My food and shelter and comfort are manifestations of substance I have received. Continually receiving, I continually give thanks for the goodness of God that has prepared such a joyous way of life for me. All that is within me blesses His holy name for the gift of His Spirit.

✿ *Receive ye the Holy Spirit.*—JOHN 20:22.

MY FAITH IS CENTERED IN GOD, THE SUPREME POWER THAT RULES MY LIFE.

I BELIEVE in God with my whole heart. I do not put my trust in persons or things. As I put my trust in God He directs all the details of my life to my good. I have no fear, no doubt, no anxiety. I am safe and secure in His sheltering care; my body is at ease and my mind is poised and serene.

In all that concerns me, in all that has to do with my joy, God is the one presence and the one power. I believe this not only with my mind but eagerly and gladly with my heart and soul. It is a joy to have the assurance of God's power, to rest in His promises, to feel the infolding presence of His love. It is easy to drop all doubt and unbelief, for I clearly see that I can implicitly rely on Him.

It uplifts me to turn from all human limitation and deeply drink in a sense of the intelligence of God, of His love for me, of the grandeur of His infinite almightiness. He is my life, my serenity, my assurance of infinite love and beauty. He bears me up at all times.

✿ *I live by the faith of the Son of God.*—GAL. 2:20 (A. V.).

**A NEW GREETING BOOKLET TO SEND
YOUR FRIENDS THIS EASTER**

The Challenge of the Dawn

Easter is the time of rebirth, of renewed inspiration. A great many persons who read "The Challenge of the Dawn" in Unity Daily Word wrote us of the great help it was to them in letting go of their past mistakes and making a fresh start with renewed courage. Therefore it was decided to make this our Easter greeting booklet.

"The Challenge of the Dawn," by Frank B. Whitney, is more metaphysical than our other greeting booklets. It was the helpful and popular article that appeared in Unity Daily Word in February, 1938.

OTHER UNITY GREETING BOOKLETS

Holy Bread, Joy Cometh, The Great Helper, One Perfect Gift, The Protecting Presence, The Song of Life, Twenty-Four Golden Hours, The Way of Faith, Where Blessings Begin.



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The surest way to find your prosperity is to call on the spiritual laws of increase, the real basis of prosperity.

Thousands of Unity students are doing just that through the Prosperity Bank plan. This is a simple drill that, used daily for seven weeks, attunes your mind and heart to abundance; it teaches you how to use the divine laws of prosperity in your affairs and provides a daily reminder to keep your thoughts positive. Blessings are increased by sharing. Multiply yours by saving in your Bank to send DAILY WORD to three friends.

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Please send me a Prosperity Bank with full instructions and ask Silent Unity to pray with me for prosperity. Begin these three one-year *Daily Word* subscriptions at once, and in seven weeks I will send you \$3 to pay for them.

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Street

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ANT

ANNOUNCING

UNITY magazine's

Special Anniversary Number

Fifty years ago this month the founding of UNITY magazine marked the beginning of Unity School's career as an institution of service. In honor of this important event UNITY magazine's April birthday number is to be a special anniversary edition, in which Unity views its past and future.

From the past come the outstanding articles of all UNITY'S fifty years—articles by writers like Emmet Fox, Dana Gatlin, Evelyn Whitell, Georgiana Tree West. Charles Fillmore, co-founder of the Unity movement, writes on "The Future of Unity."

You will want this issue to keep; its anniversary cover design makes it attractive and its contents make it worth reading time and again. Order UNITY now at \$1 a year; only subscriptions entered before April 30 will begin with this special issue.

Get this extra gift too

April is doubly a good month for remembering your friends as well as yourself with a subscription for UNITY. Each friend receives the anniversary number as his first copy; and when you send three subscriptions you are entitled to a gift copy of our newest book, UNITY'S FIFTY GOLDEN YEARS. In it Dana Gatlin brings you the dramatic story of the Unity movement illustrated by many photographs. The regular price of the book is \$1, but during April it will be sent free to each person who orders three UNITY subscriptions.

In This Issue

In His Name

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Resurrecting Our Ideals

Silent Prayer (Poem)

DAILY LESSONS FOR APRIL

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